September 2025

SUN	MON	TUES	WED	THURS	FRI	SAT
* Activities Are Subject To Change Daily* & *8:00 PM Snacks & Hydration Daily*	1 *9:00 Coach Frank *11:00 4 Corners *1:00 Fall Crafts *2:00 Hydration *3:00 Spa Day *4:00 Meditations (Self-Care Day)	2 *9:00 Coach Frank *10:00 Scenic Ride *1:00 Penny Pitch *2:00 Hydration *3:00 Movie/Snack *4:00 BINGO (Telephone Tuesday)	3 *9:00 Chair Yoga *10:00 Gardencise *11:00 20 Questions *1:00 Ballon Toss *2:00 Hydration *3:00 Hot Potato *4:00 Focus Breathing (National Navy Day)	4 *9:00 Garden Walk *10:00 Noodlecise *11:00 Meditations *1:00 Name Tune *2:00 Hydration *3:00 BINGO *4:00 Movie (Nat'l Wildlife Day)	5 *9"00 Coach Frank *10:00 Meditations *11:30 Olive Gardn *1:30 BINGO *2:00 Church-Live *3:30 Hydration *4:00 Garden Talk (Nat'l Cheese Pizza Day)	6 *9:00 Chair Yoga *10:30 Meditations *11:30 Match Up *1:00 Bible Study *2:00 Sip & Chat *3:00 Group Coloring *4:00 Sports Blitz (Int'l Bacon Day)
7 *9:00 Church TV *11:00 Charades *1:00 Courtyard *2:00 Hydration *3:00 Movie/Snack *4:00 Puzzles (Nat'l Grandparents Day)	8 *9:00 Coach Frank *11:00 Group Color *1:00 Penny Pitch *2:00 Hydration *3:00 Star Trek Movie *4:00 Film Buff Talk (Star Trek Day)	9 *9:00 Coach Frank *10:00 BINGO *11:00 Cup Biz *1:00 Pastor Dean *2:00 Hydration *3:00 Crafting *4:00 Charades (Nat'l Piggy Fly Day)	10 * 9:00 Noodlecise *10:00 Garden Talk *11:00 Meditations *1:00 Regions Bank *2:00 Hydration *3:00 Movie & Popcorn *4:00 Movie Review (Nat'l Swap Ideas Day)	11 *9:00 Yin Yoga *10:00 Meditations *11:00 BINGO *1:00 Shopping Trip *2:00 Hydration *3:00 Sports Blitz *4:00 Ball Throw *5:45 Family & Friends Night (Nat'l Hot Cross Bun Day)	12 *9:00 Coach Frank *10:00 Noodlecise *11:00 Longhorn *1:30 BINGO *2:00 Church-Live *3:00 Garden Chat *4:00 Resident Council (Nat'l Milkshake Day)	13 *9:00 Noodlecise *10:00 Hand WTS *11:00 Gardencise *1:00 Bible Study *2:00 Sip & Chat *3:00 Sports Blitz *4:00 BINGO (Int'l Chocolate Day)
14 *9:00 Church TV *11:00 Monoply *1:00 Crafting *2:00 Hydration *3:00 Karoke *4:00 Hot Potato (World Coconut Day)	15 *9:00 Coach Frank *11:00 Music Social *2:00 Hydration *3:00 Family Feud *4:00 Lilo & Stitch (Greenpeace Day)	16 *9:00 Coach Frank *10:00 Scenic Ride *1:00 BINGO *2:00 Hydration *3:00 Toy Story *4:00 Garden Club (Nat'l Play Doh Day)	17 *9:00 Hand Weights *10:00 Mary Kay *1:00 Ballon Knock *2:00 Hydration *3:00 Line Dancing *4:00 Movie (9 To 5) (Country Music Day)	18 *9:30 Hatha Yoga *10:30 Meditations *11:30 Sweetwater *3:00 Hydration *4:00 Movie (Gone w/The Wind) (Nat'l Cheeseburger Day)	19 *9:00 Coach Frank *10:00 Zen *11:30 CBRL *2:00 Church-Live *3:30 Sip & Chat *4:00 Group Coloring (Nat'l Butterscott Day)	20 *9:00 Hand WTS *10:00 Meditations *11:00 Hatha Yoga *1:00 Bible Study *2:00 Sip & Chat *3:00 Crafting *4:00 BINGO (Nat'l Dance Day)
21 *9:00 Word of Faith *11:00 Hot Potato *1:00 Courtyard *2:00 Hydration *3:00 Movie/Snack *4:00 Checkers (Nat'l Chai Day)	22 *9:00 Coach Frank *10:00 Senior Center Trip *11:00 Table Ball Pass *2:00 Hydration *3:00 Crafting *4:00 Compare/Contrast (Nat'l Elephant Day)	23 *9:00 Coach Frank *10:00 Hatha Yoga *1:00 Music Stretch *2:00 Hydration *3:00 Spades *4:00 Charades (Int'l Redhead Day)	24 *9:00 Hatha Yoga *10:00 Meditations *11:00 Penny Pitch *1:00 Regions Bank *2:00 Hydration *3:00 Photo Club *4:00 Garden Chat (Nat'l Cherry Day)	25 *9:00 Laugh Yoga *10:00 Noodlecise *11:00 Senior Center *1:00 Senior Center Trip *2:00 Book Club *3:00 Hydration *4:00 Movie (Kitchen Staff Day)	26 *9:00 Coach Frank *10:00 Meditations *11:00 Pasta Bella *2:00 Church-Live *3:30 Sip & Chat *4:00 Crafting (Nat'l Pancake Day)	27 *9:00 Zen *10:00 Chair Yoga *11:00 Meditations *1:00 Bible Study *2:00 Sip & Chat *3:00 Group Coloring *4:00 BINGO (Nat'l Chocolate Milk Day)
28 *9:00 Church TV *11:00 Connect 4 *2:00 Hydration *3:00 Checkers *4:00 Musicology (Nat'l Neighbor Day)	29 *9:00 Coach Frank *10:00 Laughing Yoga *11:00 Blkout BINGO *2:00 Hydration *3:00 Spoon Balance *4:00 Photo Club (Nat'l Coffee Day)	30 *9:00 Coach Frank *10:00 Scenic Ride *1:00 Karoke *2:00 Hydration *3:00 Brain Teasers *4:00 Garden Xscape (Nat'l Pet Tricks Day)				

©2025 ActivityFolder.com