

SUN	MON	TUES	WED	THURS	FRI	SAT
*9:00 Church TV *11:00 JENGA *1:00 12 YRS *2:00 Hydration *3:00 Puzzles *4:00 Checkers *6:00 Writing Chat (Langston H BD)	*9:00 Coach F-MC *10:00 Stretching *11:00 Hand WTS *1:00 SELMA *2:00 Hydration *4:00 BINGO *6:00 Walking Club (IceCream Scoop)	*9:00 Coach F-AL *10:00 AM Motions *11:00 Scenic Ride *1:00 20 & ODD *2:00 Hydration *3:00 BINGO *6:00 Table Talk (15th Amend-Blk Men V)	*9:00 Coach F-AL *10:00 Musclecise *11:00 BINGO *1:00 Rosa Park *2:00 Hydration *4:00 Family Feud *6:00 Blk HX Chat (Rosa Park BDay)	*9:00 Coach F-MC *10:00 Chair Yoga *11:00 Casa Grande *2:00 Hydration *3:00 Hidden Fig *4:30 Hymes *6:00 Family Tree (Egg Beater-1884)	*9:00 Coach F-AL *10:00 AM Motions *11:00 Hand WTS *1:30 Live Church *3:00 Hydration *4:00 Titans *6:00 Mellow Time (Dry Clean-1791)	*9:00 Guess Who? *10:00 Charades *11:00 BINGO *1:00 Bible Study *3:00 Hydration *4:00 TILL *6:00 Knitting Club (Fold Bed-1850)
*9:00 Church TV *11:00 REACHER 2 *1:00 Monopoly *2:00 Hydration *3:00 I Spy *4:00 Match Up *6:00 SUPER BOWL (Home Sec-1966)	*9:00 Coach F-AL *10:00 Balloon VollyBall *11:00 UNO *1:00 The Butler *2:00 Hydration *4:00 Heart Crafts *6:00 Creative Chats (1st Blk men walk)	*9:00 Coach F-MC *10:00 BINGO\$\$\$ *11:00 Scenic Ride *1:00 SAY THE WORD *2:00 Hydration *4:00 Lillies O Field *6:00 Valentine Swap (George W. Carver-D)	*9:00 Coach F-MC *10:00 Mary Kay-Hands *11:00 Spa Day *1:00 3rd Man *2:00 Hydration *4:00 UNO *6:00 AARP Chat (1st Blk Stamp Booker)	*9:00 Coach F-AL *10:00 Musicology *11:00 SW Lunch *2:00 Hydration *3:00 Glory *4:00 Movie Chat *6:00 Walk Club (Shoe Last-1883)	*9:00 Coach F-MC *10:00 Ball Toss *11:00 Say Word *1:00 AMISTAD *2:00 Hydration *4:00 Checkers *6:00 Great Minds (Dry Scour-1791)	*9:00 Valentine Chat *10:00 Crafting *11:00 Heart BINGO *1:00 Bible Study *3:00 Marshall *4:00 Hydration *6:00 Sweet Talk (Happy Valentines)
*9:00 Word of Faith *1:00 Madame Blanc *2:00 Hydration *3:00 Crosswords *4:00 Coloring Group *6:00 Life Lessons (Hame Attach-1891)	*9:00 Coach F-MC *10:00 Penny Pitch *11:00 SAY WORD *1:00 Driving M Daisy *2:00 Hydration *4:00 Mix & Match *6:00 Picture Find (The Churn-1891)	*9:00 Coach F-AL *10:00 AM Motions *11:00 Scenic Ride *1:00 Biz Wiz *2:00 Hydration *3:00 To Sir W/Love *6:00 Historical Chat (The Churn II-1891)	*9:00 Coach F-AL *10:00 Chair Yoga *11:00 Charades *1:00 7 Cups *2:00 Hydration *3:00 TGraduate *6:00 Senior Plan (Mary Bellis-2019)	*9:00 Coach F-AL *10:00 Heal/Toe *11:00 Mindful *1:00 Ray *2:00 Hydration *3:00 Monopoly *6:00 Picture This (Elevator D-1887)	*9:00 Coach F-AL *10:00 Meditations *11:00 Flexing *1:30 Live Church *3:00 Hydration *4:00 ALI *6:00 Great Debate (Airship Invent-1900)	*9:00 Puzzles *10:00 Coloring *11:00 Hot Potato *1:00 Bible Study *3:00 Hydration *4:00 Harriett *6:00 Love This (PotatoChip-1853)
*9:00 Church TV *11:00 Who Am I? *1:00 TABOO *2:00 Hydration *3:00 Pictionary *4:00 President Trivia *6:00 Daily Chronicles (Prime 3Vote-2003)	*9:00 Coach F-AL *10:00 Sit 2 Be Fit *11:00 BINGO *1:00 42 *2:00 Hydration *3:00 Happy Hour *6:00 Tea Chat (Supersoake-199)	*9:00 Coach F-MC *10:00 Body In Motion *11:00 Scenic Ride *1:00 SAY THE WORD *2:00 Hydration *3:00 Happy Hour *6:00 Daily Chronicles (Portable Fridge-1893)	*9:00 Coach F-MC *10:00 Flexing *11:00 Hand WTS *1:00 BINGO *2:00 Hydration *3:00 Malcolm X *6:00 Life Lessons (Gas Mask-1912)	*9:00 Coach F-MC *10:00 Noodlecise *11:00 Breathing *1:00 Lean On Me *2:00 Hydration *3:00 Tic Tac Toe *4:00 Say T Word *6:00 Match (1st Millionaire-Madame	*9:00 Coach F-MC *10:00 Penny Pitch *11:00 BINGO *1:00 T Airmen *2:00 Hydration *3:00 Spades *4:00 Match Up *6:00 World News (Xray Spectro-1984)	*9:00 Noodlecise *10:00 Hand WTS *11:00 Meditation *1:00 Bible Study *2:00 Hydration *3:00 Silver Screammers *6:00 Match (The Ironing Board-1892)

HYDRATION DAILY

ACTIVITIES ARE SUBJECT TO CHANGE DAILY

February 2026

8:00 PM SNACKS